



Women's Outdoor Track and Field Records

Updated: July 18, 2006

EVENT	NAME	MARK	YEAR	LOCATION
100m	Anna Maly	13.4	1992	Stony Brook
	Kristina Davies		1997	Lehigh
100m H	Anna Maly	15.90	1993	Baldwin-Wallace
200m	Anna Maly	26.49	1993	Baldwin-Wallace
400m	Anna Maly	62.30	1993	USMMA
400m IH	Christine Mac Millan	1:11.67	2006	USMMA
800m	Anna Maly	2:25.29	1992	Colby College
1500m	Callie Beeler	4:47.41	2005	Springfield Coll.
Mile	Callie Beeler	5:13.59	2005	USMMA
3000m	Samanth Skeens	11:03.09	2005	USMMA
3000m SC	Samanth Skeens	11:45.59	2005	TCNJ
5000m	Samanth Skeens	19:04.21	2005	Trinity College
10,000m	Mary Rieger	46:52.0	1980	Central Park
Long Jump	Anna Maly	17-07.25	1993	Stony Brook
Triple Jump	Anna Maly	34-10.00	1990	East Side Park
High Jump	Anna Maly	5-00.50	1992	Univ. of Albany
Pole Vault	Christal Hall	9-06.25	2004	DeSales, Oneonta
Discus	Julia Johnston	103-01.50	1976	MET Seniors
Javelin	Anna Maly	134-08.00	1992	Colby College
Shot Put	Anna Maly	41-03.75	1993	Baldwin-Wallace
Hammer	Laura Boswell	102-00.00	1999	PAC
Heptathlon	Anna Maly	4603	1993	Baldwin-Wallace
4x100m	Carpenter, Rydzewski, Grabowski, Maly	58.1	1993	USMMA
4x400m	Mac Millan, Beeler, Bilunas, Rossi	4:46.38	2006	USMMA
4x800m	USMMA	10:26.73	2002	DeSales